

365A Gymleco Lumbar / Abdominal

300 series, Selectorized machines / Multimachines



This combination machine trains the two important muscle groups in the lower back and abdominal.

These muscles stabilize our backs and at the same time are very important for our daily well-being.

Probably one of the best machines in the market for abdominal training combined with low back training. The start position can be set in 13 positions at 10 ° intervals.

- Standard frame color: Black
- Standard cushion color: Black / Red
- Ergonomically designed
- Weight block: 100 kg
- Larger weight block (optional)
- Knee support and heel support for perfect stability.

Lenght	Width	Height	Weight
100 cm	90 cm	160 cm	225 kg