

225 Gymleco cable cross

200 series Cable and Smith machines



A classic among gym equipment, the cable crossover is an exercise machine that effectively trains almost the entire upper body. The crossover pull has all the features needed for efficient training. Equipped with the height adjustable pulleys for better training. The low-set weight stack gives a much greater range of motion so that all chest and shoulder exercises can be performed freely. The machine is a various training equipment that is also suitable for rehabilitation. The straps that go over the double ball bearing wheel give an extremely light smooth movement. To save further space, you can add a chin-up bar (article no. 110k, optional).

- Low start-up loading
- Bands for reduced friction
- Height adjustable pulleys
- Lowered weight stack
- Tighter increments of weight stack (optional)
- Larger weight block (option)
- Two pull handles included
- 110K can be added
- Standard frame color: black

Length
308 cm

Width
58 cm

Height
223 cm

Weight
258 kg

Weightplate
60 kg x2

No maintenance needed
Clean with gentle detergents

Gymleco®