Designed for teenagers and adults to swim at a greater speed and depth.

TECHNICAL / MONOFINS









Encourages proper kick undulation needed for an efficient dolphin kick

TECHNIQUE CHANNELS

Controls the flex of the fin and encourages correct foil movement

3 QUICK-RELEASE FOOT STRAP
Strap configuration allows
feet to be quickly removed
from fin for safety



Dolphin kicking activates 60% of your muscle mass, including core and lower body

NATURAL RUBBER

Provides a secure and comfortable fit

MULTIPLE FUNCTIONS

Can be used in pool, lake, or ocean









PRODUCT DESCRIPTION

Teaches teens and adults proper undulation in the water and builds core and leg muscles. The blade flexibility provides speed without causing added strain on ankles. Built-in stability ridge provides proper flexion, and an adjustable heel strap offers a customizable fit.



DESIGNED IN CALIFORNIA

RAPID	
US MALE	8-12
US FEMALE	9-13
EURO	40-46